

SOUTHERN CALIFORNIA SEAHORSES

Camper Preparation Information

What to bring:

Soccer shoes, shin guards, tennis shoes, water bottle, sunscreen, Goalkeeper equipment (If applicable), bag

How to prepare:

- Spend some time playing soccer the weeks leading up to the camp. Practice juggling, dribbling and shooting
- Get plenty of sleep
- Drink lots of water to avoid dehydration
- Check the website for the Bible memory verses so you can get a head start on memorization
- Also check the website www.seahorsesoccer.com for camp daily schedules

Camper Pick-up & Medication Procedures

For the safety of your children, we have implemented the following procedures; your cooperation is greatly appreciated.

* If anyone other than a parent/guardian is to pick-up a child (sibling, other camper parent, relative, neighbor, friend, etc.) we will need to be informed in writing. Please send a signed note with the child on the day(s) the child is being picked up by someone other than his or her parent/guardian.

** If your child is to walk or self-transport home, please send a parent/guardian signed note giving authorization for Seahorse Camps to release the child to do so.

***If your child needs medication during the camp day, please bring the medicine clearly marked with dosage and times and give it directly to the Camp Director or on-site staff registration person

